

Session 3: Barriers to Success

1. How much is the “YABBUT” cancer affecting your vision, impeding your action and ultimately stifling success in your life?
2. Have you ever used ‘*Well, I did my best*’ as accepting and justifying failure?
3. What action must you take not to have this happen in the future?
4. Can you see the danger in **trying** something without tying it to commitment-to-achieve?
5. What changes in your thought process has to be made in order to not have this happen?